



# **CASCATA CLASSROOM FLOW OF THE DAY**

<b>7:00-8:00</b>	TABLE TOP EXPLORATION
<b>8:00-8:30</b>	BREAKFAST/BATHROOM
<b>8:30-9:00</b>	CLEAN UP
<b>9:05-9:20</b>	LARGE GROUP
<b>9:20-9:50</b>	SMALL GROUPS
<b>9:50-10:00</b>	BATHROOM BREAKS
<b>10:00-10:20</b>	PREPARE FOR OUTSIDE
<b>10:20-10:50</b>	OUTSIDE
<b>11:00-12:00</b>	OPEN EXPLORATION
<b>12:00-12:15</b>	CLEAN UP/LARGE GROUP STORY TIME
<b>12:15-12:30</b>	LUNCH
<b>12:30-12:45</b>	PERSONAL HYGIENE (tooth brushing, toileting attempts)
<b>12:45-1:00</b>	QUIET TIME ON COTS (books)
<b>1:00-3:00</b>	REST-TIME
<b>3:00-3:15</b>	WAKE TIME
<b>3:15-3:30</b>	PERSONAL HYGIENE (toileting attempts, clean faces, putting on shoes)
<b>3:30-3:45</b>	SNACK
<b>3:45-4:00</b>	AFTERNOON MEETING (books and music/movement)
<b>4:00-4:30</b>	SMALL GROUP
<b>4:30-5:00</b>	OPEN EXPLORATION OR OUTSIDE TIME
<b>5:00-5:15</b>	PERSONAL HYGIENE (toileting attempts BEFORE going home, clean faces, drinks)
<b>5:15-5:30</b>	CLEAN UP
<b>5:30-5:50</b>	TABLE TOP CHOICES
<b>5:50-6:00</b>	PREPARE TO GO HOME