

**THE UNIVERSITY OF MICHIGAN -FLINT
ENVIRONMENT, HEALTH & SAFETY DEPARTMENT (EHS)**

PROGRAM OVERVIEW

The UM Medical Surveillance Program (also known as the annual health assessment program) is administered on the Flint campus by the Environment, Health and Safety Department (EHS). The purpose of the program is to prevent occupational illness and injury among employees by “monitoring” certain health indicators that give clues to potential exposures and injury risks. Our shared goal is to provide a workplace generally free from overt health hazards. EHS works cooperatively with other University departments to achieve this goal through program development, training, workplace inspections and accident investigations. Workplace risks for exposure or injury can generally be anticipated, recognized, evaluated, and controlled through conventional EHS methods. These methods are not perfect; therefore, medical surveillance can help detect unsuspected injury/illness before becoming a serious condition.

All necessary testing is coordinated with the University’s approved occupational medical service provider (*Genesys Occupational Health Clinic*). The provider works with EHS to ensure that all testing is administered properly, medical physician’s determinations are delivered in a timely fashion, and records are adequately maintained. These activities are strictly regulated by standards set by the federal Department of Labor’s Occupational Safety and Health Administration (OSHA) and corresponding State of Michigan rules and regulations.

EXAMPLES OF MEDICAL MONITORING

Medical surveillance or health assessment is often called “medical monitoring”, because certain health parameters are monitored that correspond to specific work place risks. For instance, if an employee has occupational exposure to lead, either through paint- removal operations, or handling of lead bricks for radiation shielding, or application of lead-containing pottery glazes, their respirator or other protective measures may fail and they may receive an overexposure. This overexposure may not be easily be observed or detected, even though it could be hazardous to their long-term health. They should receive medical monitoring for that exposure risk through yearly blood draw and blood-lead-level analysis. Another example, a negative-pressure respirator will place a cardiovascular stress on the employee that present a health risk if they have a medical impairment. An annual physical examination, designed just for the specific work related risk, will verify that the employee is physically able to safely perform their work while wearing a respirator. Testing includes pulmonary function testing to verify the employee’s lungs are healthy and can provide enough oxygen under work and respirator stresses.

2005-06 ANNUAL PHYSICALS

“Hey, Look at what’s new this Year...”

1. The Chem/Cardio profile or “blood test” is optional for most employees unless otherwise medically indicated by the Occupational Physician. The exceptions to this change are: Grounds Keeping Employees are required to be tested for Cholinesterase, RBA & the Plasma test; and individuals with a DOT CDL will be required to have a blood test. Also, blood tests will be available to the employees and paid for by UM Flint.
2. The EKG has been eliminated from the physical unless otherwise medically indicated by the Occupational Physician.
3. TB Testing is being offered on campus. Connie Creech, the UM-Flint Campus Nurse will be conducting the TB Tests. The date and location is to be announced.

“Employees & Supervisors participating in the program, please do the following...”

1. Complete the Annual Health Assessment Request Form (PDF) with your supervisor. Be sure to have you supervisor review, sign/date the form and return the completed form to EHS Department in 204 UPAV.
2. Employees who operate a fork lift, aerial lift, BobCat or other permitted University equipment are also required to complete a Physical Qualifications Form for Permitted Equipment Operators. A Copy is available at EHS, 204 UPAV or calling 766-6763.
3. **If an employee is electing to have a blood test not required, the employee must:**
 - a. Contact the University’s medical provider (Genesys Occupational Health Clinic 742-7700) schedule a time at least 4-7 days prior to your scheduled physical to have blood drawn so that the results will be available for the physician to discuss with you during your exam.
 - b. Fast for 12 hours prior to having your blood drawn.
4. Your department/supervisor will be provided a schedule of available dates and times for the months of November/December (DPS will be scheduled during January/February).
5. Coordinate scheduling your physical appointment with your departments designated contact person or directly contact EHS to assist in scheduling.
6. Complete all paperwork and forms PRIOR to your scheduled appointment. Contact Lora Rometsch in the EHS Department if you need help with any forms.
7. Employees should plan on arriving 10 minutes before appointment. Please have ALL paperwork completed and signed.
8. (Optional) After you have completed your physical and met with the occupational physician, EHS asks that you please provide your valuable feedback on how well

the program went, the service you received, etc by filling out an evaluation form for the Annual Health Assessment Physical Program. Copies will be available on the EHS website as well as by contacting EHS at 766-6763.

9. EHS recommends that you share the results of your annual physical with your personal family physician.

FORMS

All forms must be completed prior to appointment and ideally submit forms to EHS 2-3 days ahead of the appointment. All forms are available on line at the EHS web site or at the EHS office. Please call EHS at 766-6763 if you have questions regarding the forms.

[Annual Health Assessment Form](#) Completed form must be signed by the employee's Supervisor and returned to EHS prior to appointment at Genesys Occupational Health Network (GOHN), send copies to 204 UPAV or fax to EHS at 424-5572.

[Physical Qualifications Form for Permitted Equipment Operators](#) This form is required to be completed by employees that operate a fork lift, aerial lift, BobCat or other permitted University equipment.

[GOHN Health Risk Appraisal Form](#) Employees are encouraged to use this self-review of their health risks. By completing this form, the employee will receive meaningful information and suggestions for changes in behavior that may improve their health. The goal is to have an over-all assessment to enhance your health.

[GOHN Authorization for Medical Examination & Evaluation and Consent to Release Medical Information form](#) must be completed by all employees participating in UM-Flint's annual health assessment program.

[GOHN Respiratory Protection Questionnaire](#) This must be completed by all employees that may be required to wear a respirator.

[GOHN Hearing Conservation Form](#) This must be completed by all employees participating in UM-Flint's annual health assessment program. Employees must avoid exposure to loud noise during 24 hours prior to their audiogram.

PROGRAM EVALUATION

The EHS Department is continually reviewing and evaluating safety programs, including the Annual Health Assessment Program. We would appreciate receiving your feedback as to any improvements, thoughts or suggestions. You can provide this by either completing the [Annual Health Assessment Evaluation Form](#) or e-mailing EHS at ehs@list.flint.umich.edu.

QUESTIONS

If you have any questions, please contact Lora Rometsch, the coordinator of this program at 766-6763 or rometsch@umflint.edu