

SINGLE BED CONFIGURATION

There are some options designed into your bed that you might not be aware of. As shown below, your bed frame is reversible. It can be flip-flopped to be at whatever height you like. The mattress will lay on either side of the platform. For extra storage under your lower bed, you might want the longest bed posts facing towards the floor; to have your bed lower, place the shortest bed posts towards the floor.



OTHER IDEAS

Other pieces of furniture besides the beds can also be stacked. As indicated in the photos, you can stack a bookshelf onto a dresser, or a dresser onto another dresser or a bookcase onto a bookcase. Simply place pins at pinhole locations to connect the two pieces of furniture.



Make sure to place safety pins in each side of the furniture and align with the holes of the top frame.



SMARTBAR ACCESSORIES



• SmartBar with universal Mount Bracket



• Wire management behind SmartBar

Housing and Residential Life University of Michigan - Flint

YOUR ROOM CONSISTS OF:

lifespace II™

- DESK WITH ATTACHED SMARTBAR
- CHEST OF DRAWERS
- BOOKCASE
- BED, MATTRESS & LADDER

TOOLS REQUIRED: NONE



FOR SAFETY

1. POSSIBLE BED CONFIGURATIONS ARE: LOFT, BUNK AND SINGLE BED
2. TWO OR MORE PEOPLE ARE NEEDED TO LIFT AND STACK PIECES, USING PROPER LIFTING TECHNIQUES.
3. STEEL PINS ARE PROVIDED AND **MUST** BE USED IN ALL STACKED CONFIGURATIONS TO POSITION THE PIECES AND LOCK THEM TOGETHER.

See the Front Desk for replacement steel pins. Whatever configuration you choose, we hope you will enjoy the versatility of your LifeSpace II furniture system.

The University of Michigan - Flint is not liable for injuries you may receive as a result of configuring your LifeSpace II Furniture System.

WELCOME!

Housing and Residential Life has purchased furniture for your student room which is designed to be set up in any of three different configurations.

You may be happy with the configuration in your room right now, but if you want to change it, we can show you how to do it safely and easily. You won't need any special tools, nor is any special assistance or training needed.

This furniture may be configured into any one of three basic designs:

The Loft

The Bunk

The Single Bed

In a stacked setup, you need to make sure the safety guard rail is positioned on the outside of the bed and not against the wall, so it can be utilized as a safety guard rail.

The pins are very important, since the stacked furniture isn't truly safe unless the pins are placed correctly.



Bed Post Pin



Chest/Bookcase Pin

GET HELP & USE PROPER LIFTING TECHNIQUES

Because much of this furniture is heavy, be sure to ask for help lifting the heavy pieces. And when you are lifting, be sure to use proper body mechanics to prevent a serious back injury.

- First, size up the situation before you begin.
- Remove all obstacles in your way and all contents of drawers and on tops of furniture.
- Before you lift, get close to what you want to move.
- Center yourself with what you are going to lift.
- Plan the lift so the lift will not take you off balance, which could cause you to lose control of the object and hurt yourself.
- Plant your feet firmly.
- Don't bend from the waist to lift, as it places too much stress on your spine. **Bend your knees to pick up the furniture piece, keeping your back straight.**
- Don't rely on your arms and back alone, let the trunk and leg muscles do the work.
- As you move during a lift, do not twist your body; turn with your feet while your spine remains straight.

LOFT CONFIGURATION

This is the way your furniture will most likely be set up when you enter your room, because surveys have shown us that this is the most preferred setup by students.

1. Place desk with attached desktop SmartBar where you want one end of your loft to be.
2. Place dresser approximately where the other end of your loft will be.
3. Place pins in the pinholes on top of the dresser. Then place your bookshelf on top the dresser, making sure you align bookshelf pinholes with the pins in the dresser top.
4. Place the bed frame on top of the other furniture. Make sure you have removed the mattress from the bed frame to make lifting easier and safer.



5. In the loft configuration, you can achieve two different heights for your bed:
 - A. Lowest Height - bed frame directly on the supporting furniture.
 - B. Highest Height - shorter ends of the bedposts down, line up the pinholes along the head and foot board horizontal stretchers with the pins you have placed in the tops of the bookcase and the desktop SmartBar.
6. Make sure to use the available ladder to get up and down safely from your loft.

BUNK BED CONFIGURATION

1. Remove the mattresses from your beds for easier and safer lifting. Place one bed frame on the floor where you would like to have your bunk bed. Position the bed so the shortest bed posts are closest to the floor.

2. Before setting the second bed onto the first, place one pin in each of the lower bed bedposts, so the two beds will be securely aligned with one another.

3. Position the second bed on top of the first with the longest bedpost pointing down towards the floor, making sure the safety return guard rail is positioned on the outside of the bed and not against the wall, so it can be utilized as a safety guard rail on the upper bed.



4. Check to be sure the pins are firmly connecting the two beds together at each bed post.
5. Now you can put your mattresses back on the beds and arrange your other furniture in your room as you like.