

**Consent to Participate in a Research Study**  
**Welcome to the CAREGIVING: STRESSES AND SUPPORT Survey (HUM00001234)**

Dr. John Jones and Dr. Sarah Smith of the University of Michigan, Department of Psychology invite you to be a part of a research study that looks at the stresses that people experience when they are providing care to a seriously ill family member. The purpose of the study is to design better support programs for caregivers. We are asking you to participate because you recently attended a meeting of a UM Caregivers Support Group.

If you agree to be part of the research study, you will be asked to complete a computer survey about your experiences as a caregiver. We expect this survey to take 30 to 45 minutes to complete. Some of the survey questions ask about your emotions related to caregiving and may be distressing to you as you think about your experiences. If you need to talk to someone about these feelings, a resource list of community counseling agencies will be provided at the end of the survey. Following the next Caregivers Support Group meeting in July, you will be contacted by email to complete a follow-up survey that will take about 20 minutes.

While you may not receive any direct benefit for participating, we hope that this study will contribute to the improvement of social support systems for those who provide care to others.

Researchers will not be able to link your survey responses to you, but they will know that you participated in the research because you will be asked to log in. The survey software keeps your identifying information separate from the answers you provide to the survey. We plan to publish the results of this study, but will not include any information that would identify you.

Participating in this study is completely voluntary. Even if you decide to participate now, you may change your mind and stop at any time. You may choose to not answer an individual question or you may skip any section of the survey. Simply click "Next" at the bottom of the survey page to move to the next question.

If you have questions about this research study, you can contact John Jones, Ph.D., University of Michigan, Department of Psychology, 123 East Hall, Ann Arbor, MI 48104, (734) 123-4567, [jjones@umich.edu](mailto:jjones@umich.edu).

If you have questions about your rights as a research participant, please contact the University of Michigan Institutional Review Board Health Sciences and Behavioral Sciences, 540 E. Liberty, Ste. 202, Ann Arbor, MI 48104-2210, (866) 936-0933 (toll-free), [irbhsbs@umich.edu](mailto:irbhsbs@umich.edu).

By clicking on the link below, you are consenting to participate in this research survey.  
[www.caregivingsurvey.net](http://www.caregivingsurvey.net)

If you do not wish to participate, click the "x" in the top corner of your browser to exit.