

University of Michigan-Flint Department of Nursing
A.C.T.S. - A CHANCE TO SUCCEED - NURSING MENTOR PROGRAM

Mentee Role and Responsibilities

Who are Mentees?

Mentees are full time or half time (at least 6 credit hrs) students enrolled in an approved college or university who are:

- currently accepted in a registered nurse program, or
- demonstrating an interest in pursuing a career in nursing by taking nursing applicable courses.

Actively Participate in the Mentor-Mentee Relationship

- Demonstrate a willingness to establish mutual trust and respect with your mentor.
- Never be in the presence of your mentor when consuming alcohol, tobacco or controlled substances.
- Be on time for scheduled meetings or notify mentor at least 24 hours in advance that you are unable to meet.

Work to Succeed

- Establish realistic academic goals such as grades, time management, attendance, self-esteem, and confidence.
- Demonstrate a willingness to achieve goals.
- Work to develop life-management skills such as stress management, decision making, and conflict resolution.
- Utilize available personal and academic resources.

Make Initial and Ongoing Contact with Mentor

- Contact mentor within first week of receiving their contact information.
- Comply with mentor's boundaries regarding their available days and times.
- Make at least one face-to-face contact per month with your mentor.
- Meet mentor in public places, e.g., the University, libraries, restaurants (no bars), bookstores, etc.
- Record mentor-mentee contacts on the Mentee Report Log and submit a copy of the log to the faculty coordinators quarterly.

Participates in Mentee Support Sessions

- Attend a mentee orientation session.
- Maintain regular contact with your mentor.
- Attend at least two mentee meetings per academic year.

Maintain Open Communication

- Submit monthly meeting times and activities to the faculty coordinators.
- Communicate regularly and openly with mentor.
- Submit Mentee Log to faculty coordinators quarterly as specified.
- Inform the faculty coordinator of any difficulties or areas of concern that may arise in the relationship.
- Notify mentor and the faculty coordinators of any changes in address, phone number, or email address.
- Participate in a closure process when the time comes.