

# Developing Nurses' Cultural Competencies: Evidence-Based and Best Practices



## Faculty

**Margaret M. Andrews**  
PhD, RN, CTN, FAAN  
Project Director

**Teresa Thompson**  
PhD, RN, CRRN  
Co-Project Director

**Marilyn R. McFarland**  
PhD, RN, CTN, FNP-BC  
Faculty

**Hiba Wehbe-Alamah**  
PhD, RN, FNP-BC, CTN-A  
Faculty

**Sandra J. Mixer, PhD, RN**  
Education Consultant

## Staff Contacts

**John Collins, BBA**  
Program Manager  
[johcoll@umflint.edu](mailto:johcoll@umflint.edu)  
810-424-5650  
Room WSW 2180

**Kai Wright, BSc, MSHE**  
Administrative Coordinator  
[kaiwr@umflint.edu](mailto:kaiwr@umflint.edu)  
810-424-5246  
Room WSW 1116

## Project Summary:

The University of Michigan-Flint in partnership with Madonna University and the Transcultural Nursing Society (TCNS) is providing online and face-to-face educational offerings for nurses and nurse practitioners to enhance their cultural competencies and develop their skills in addressing diverse individuals, groups, and communities. A culturally competent nursing and health care workforce is needed to promote healthy behaviors and choices that will reduce and ultimately eliminate health disparities.

The focus of the educational offerings is on the **relationship** between nurse/nurse practitioner's **cultural competencies** and the **reduction or elimination of health disparities** across the life span from infancy to old age. Faculty includes some of the foremost transcultural nursing leaders in the nation including textbook authors and other nursing experts on cultural competence. The Train-the-Trainer sessions are focused on the integration of cultural competence into advance practice, education, administration and research. Content will emphasize the value of cultural competence as an essential component of culturally congruent care to meet the healthcare needs of diverse individuals, families, groups and community by family nurse practitioners.

Special emphasis will be given to the following Healthy People 2010 risk factors and health disparities: Obesity, depression, low birth weight infants, diabetes mellitus, hypertension, HIV/AIDS and cancer. The project also will prepare nurse practitioners to become Certified Transcultural Nurses (CTN) and will provide extensive online, print, and audiovisual resources on cultural competence and health disparities.

## Eligibility

To become a trainer, you must:

1. Be a Registered Nurse (RN)
2. Agree to train 5-10 nurses and/or nursing students within 60 days of receiving training (e.g. in-service/development session for co-workers, give a presentation for members of your district or state nurses association and/or integrate content into a nursing course), and return a sign-in sheet of session attendees to project staff.
3. Agree to return your individual completed end-of-training evaluation forms within 10 days of receiving training to CC staff.