NIDO
Mobile Infants/Young Toddlers
Approximately 8-18 Months
FLOW OF THE DAY

This is a guideline. It is open to ideas from the children and is set up to promote learning through play and exploration. There are NO strict time frames.

7:00-9:00  ARRIVALS/GREETINGS/INDEPENDENT PLAY
7:50-8:10  BREAKFAST
9:00-9:15  MORNING CIRCLE, GROUP STORIES, ACTION SONGS, FINGER PLAYS
9:15-10:45 MORNING BOTTLES, PRESENT A VARIETY OF OPEN-ENDED PLANNED MORNING IDEAS:
* Music And Movement (Songs, Stories, Finger Plays)
* Large Motor Activities
* Creative Expression, Art, Sensory Activity
9:45-10:15 MORNING SNACK
10:45-11:15 OUTSIDE/BUGGY RIDE
11:15-12:00 LUNCH
12:00-12:30 LUNCH BOTTLES, ORAL HYGIENE, DIAPER CHECKS & CHANGES
12:30-2:45 REST-TIME
2:45-3:15 AFTERNOON SNACK
3:15-4:30 AFTERNOON BOTTLES, PRESENT A VARIETY OF OPEN ENDED PLANNED AFTERNOON IDEAS:
* Music And Movement (Songs, Stories, Finger Plays)
* Large Motor Activities
* Creative Expression, Art, Sensory Activity
4:30-5:00 OUTSIDE/BUGGY RIDE
5:00-6:00 QUIET IDEAS/EXPLORATION

Notes:
- All ideas are adjusted for developmentally appropriateness depending on age and development.
- Routines are consistent but time frames are flexible.
- Outside time at least once per day but we aim to go out twice.
- Diapers are checked every hour and changed as needed.