REFLECTIVE LEARNERS see learning as working progressively towards consciously chosen meaningful transformation and see themselves as learners who intentionally acquire and can describe the skills, strategies, and personal habits of proficient learning.

<table>
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<th>Mastery</th>
<th>Developing</th>
<th>Developing</th>
<th>Emerging</th>
<th>Emerging</th>
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1. PROGRESSIVE TRANSFORMATION
Sees learning as a force for growth and intentional transformation.

- Thinks deeply about the implications and perils of new knowledge and ways of thinking; explores the interplay between the field’s theoretical models and real-world issues; passionately works to embody and enact the field’s best possibilities.
- Is curious about course content and the field from which it emerges; sees it as a body of knowledge and a way of thinking that contributes to a conscious program of personal development.
- Has established perspectives and distinctions regarding what s/he wants to know and uses them to interpret, consider, integrate, or reject course content.
- Is attentive to course content and has begun to make moves to integrate it into a framework of things s/he knows.
- Isolates course content from the knowledge s/he already has and/or values.
- Shows no interest in new information or ways of thinking.

2. SELF-AWARE LEARNING
Identifies, describes, and pursues skills, strategies and personal habits for proficient learning.

- Consistently demonstrates accountability, leadership, and control in multiple learning environments; consciously identifies and acquires skills; models them within a community of learners; and can thoughtfully describe the process by which they came about.
- Owns and can describe his or her learning processes; is an efficient learner who has developed over time a set of systems that work for him or her; manages time; self-directs.
- Begins to show an interest in change and growth as a learner across contexts. Cnsiously assesses his or her approach to course activities in order to develop the learning practices and personal habits of a successful learner.
- Has begun to search for ways to increase efficiency by identifying sources of frustration and success in the course.
- Is a passive and inefficient learner with a limited understanding of his or her own learning processes.
- Has no current understanding of how s/he learns.

Overall, has this student demonstrated competent reflection on his or her learning processes for a course at this level in this discipline? Yes No

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