

## Executive Summary

### University of Michigan-Flint Drug-Free Schools and Communities Act (DFSCA) Biennial Review September 1, 2014 – August 31, 2016

#### Introduction

The Drug-Free Schools and Communities Act (DFSCA) outlines requirements with which all institutions of higher education receiving any form of federal funding must comply, including 1) Annual Notification to faculty, staff and student of standards of conduct related to alcohol and other drugs (AOD), applicable legal sanctions, health risks associated with use, description of available programs, and a clear statement regarding sanctions for noncompliance; and 2) Biennial Review of alcohol and other drug programs and policies to determine program effectiveness and implement changes as needed, including documentation of violations, fatalities, and sanctions and ensure that sanctions are consistently enforced.

#### DFSCA biennial review

The University of Michigan-Flint (UM-Flint) Alcohol, Tobacco and Other Drug (ATOD) Committee conducted the DFSCA biennial review which included AOD prevalence rates, incident rates, needs assessments and trend data analysis. Results of American College Health Association health survey found that only 1.8% of students reported alcohol use and 0.7% reported drug use as contributing factors to “Academic Impact.” Alcohol, tobacco, marijuana and all other drugs combined actual use was found to be much lower than the perceived use by their peers. Overall, the “any use within the last 30 days” of alcohol, marijuana and other drug by UM-Flint students was lower than the reference groups, but smoking was slightly higher (12.2% vs 10.6%). The Cooperative Institutional Research Program (CIRP) survey results also found smoking by male students at UM-Flint to be slightly higher than at the comparable institution, but drinking beer, wine and liquor was about the same.

The review also included AOD policies, an inventory of enforcement and compliance, and related outcomes data. In addition, a comprehensive inventory of AOD programs, interventions, related processes was compiled including individual based programs/interventions, group based programs/interventions, and universal or entire population based programs/interventions.

*It should be noted that overall, AOD is not a significant issue for our students and related outreach education, programs and services should be included in a broader initiative to develop a comprehensive student health education presence and wellness culture at the University of Michigan-Flint. Opiate and heroin use is on the rise nationally so that should be taken into consideration for future programming.*

#### Recommendations for Next Biennium

The broad recommendation for the next biennium is to put into place the infrastructure to develop comprehensive health education programming, events, and services that includes a peer education component. The evaluation of the S.W.O.T. analysis performed by the ATOD Committee generated the following goals and objectives for next biennium:

- Place greater emphasis on AOD data collection by all departments and incorporate trend analysis into the biennial review.
- Research Everfi to expand online modules and implement the AlcoholEdu or Campus Clarity alcohol module as an Orientation requirement.
- Human Resources to create a short video on AOD to be included as an online resource for employees and students.
- Through the Student Health Committee and/or Health Educator position:
  - Create a Peer Health Education program that includes an AOD component.

- Continue and strengthen collaborations with internal and external health care/health promotion partners.
- Improve awareness of AOD programs and services through increased marketing/promotion.
  - Create a website dedicated to student health including AOD information and resources.
  - Have other departments link to dedicated webpage
  - Include FASAP and other UM-AA based resources
  - Increase use of social media
  - Utilize Blackboard
- Consider fee-based assessment to off-set expense to CAPS when alcohol and drug screening is sanctioned.
- Improve use of research in development of programs that produce positive behavior change.
- Strengthen existing collaborations with Academic Affairs and develop new ones:
  - Department of Social Work - Research possible initiatives as a result of new academic major in Substance Abuse Treatment, Students for Recovery, Adolescent Screening, and the Brief Intervention & Referral to Treatment (SBIRT) grant.
  - Public Health & Health Sciences - Develop peer health educator program, internships and capstone projects.
  - UM-AA Wolverine Wellness – Explore possible health education collaborations including rolling out new model of well-being for students.
  - Create videos and/or PowerPoint slides that could be used by interested faculty.
- Counseling and Psychological Services to increase referral resources.
- Increase campus educational outreach on the following topics:
  - Create comprehensive alcohol and drug training module for new students.
  - Identify sexual violence training sessions and infuse alcohol related items.
  - Establish comprehensive educational outcomes, including connections to hazing, for participants in Club Sports, Fraternity & Sorority Life, student leadership positions, and student abroad participants.
- Office of Student Conduct to develop comprehensive sanction plan for alcohol, tobacco and drug related offenses.
  - Review student conduct process in Housing & Residential Life and Student Conduct
  - Align sanctions to account for prior related conduct offenses.
  - Publish possible sanctions with alcohol and drug policy.
  - Create consistent educational sanctions that can be tracked for learning, recidivism, and retention.
- Expand Community Outreach
  - Work with Genesee County Health Department, Department of Public Safety and Sheriff's Office to identify high-risk behaviors for opiate addiction and impact of heroin use in county/campus.
  - Work with downtown establishments on alcohol education and training related incidents.
  - Better define and utilize community partnerships and resources.