



Health & Fitness



FAIR

Thursday, January 24, 2019 1 - 6 P.M. • Gym Floor

FITNESS ASSESSMENTS

HEALTH ORGANIZATIONS

FITNESS CLASSES

CHAIR MASSAGES

FLU SHOT CLINIC & OTHER IMMUNIZATIONS 1-3:30 P.M.

DOOR PRIZES!



CALL (810) 762-3441 • **VISIT** FlintRec.com