**PWR!**  
Parkinsons Wellness Recovery

Have you been diagnosed with Parkinson’s disease? PWR! is fun and it can teach you how to tap into your full potential and get the most out of life! Exercises target movements that help slow the progression of Parkinson's Disease.

Fridays 10-11am

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**Hours of Operation:**  
Fridays 11:30 am-1:45 pm

**Location:**  
Sylvester Broome Empowerment Village  
4119 N Saginaw St.  
Flint, MI 48505  
Room 308 & 309

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We are always looking to help others. If you would like to recieve physical therapy or refer a patient, please contact us!

**Phone:** (734) 417-8963  
**Email:** PT_Heart@umflint.edu  
**Facebook:** @UMFlintPTHeart  
**Instagram:** @pt_heart_umflint  
**Twitter:** @PTHEART_clinic  
**Website:** http://www.umflint.edu/pt/pt-heart

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If you are interested in PWR! please contact Dr. Amy Yorke, PT, PhD, NCS  
(810) 762-3373  
amyorke@umflint.edu

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UM-Flint students improving the lives of uninsured and underinsured people with free Physical Therapy and Health Education services.

Occupational Therapy services coming in 2020!
Get Involved!

We are always looking for more clinician volunteers to bring new ideas and practices to our clinic. If you are interested in donating your time, please contact us! (Contact information located on back of brochure.)

Services We Provide

General Health Services:
- Blood Pressure, Heart Rate, and Blood Oxygen Readings

Physical Therapy Services Provided:
- Pain Management
- Balance Training
- Fall Prevention
- Strength Improvement
- Injury Prevention
- Body Mechanics Training
- Assistive Device Fitting

Health Education Services:
- HIV & STD Testing
- Mental Health Services
- Addictive services
- Stress/Weight Management

Our volunteers include:
- 1st, 2nd, and 3rd year student physical therapists and public health students from UM-Flint
- Licensed physical therapists including faculty from UM-Flint and local clinicians

Diagnoses we treat include but are not limited to:
- Stroke
- Low back pain
- Parkinson's Disease
- Cerebral Palsy
- Spinal Cord Injury
- Ankle sprain

PT HEART is a pro-bono clinic founded in January 2012 by students at the University of Michigan-Flint.