How to wear gloves!

Make sure your gloves are not too tight; you run the risk of tearing them.

To remove start by pinching the palm of one hand.

Pull forward and let it dangle.

Ball glove in your second hand as shown.

With pinky, slide under second glove and pull forward.

Let it dangle and do not touch your exposed hand. Place removed gloves in trash.

CONTACT US

Miguel Strawn, a researcher in the department of Chemistry and Biochemistry at the University of Michigan-Flint is working together with assistant professor Dr. Besa Xhabija to bring you this brochure and video series to keep you informed about COVID-19 in the Flint Community.

OUR PARTNERS

OUR SPONSORS

CHECK OUT OUR ONLINE SOURCES

WHO ARE WE?

We are a community project geared to helping you get up to date information about the current COVID-19 Pandemic. In this brochure there are tips, tricks, and facts to help you stay safe and healthy. Scan the code below to access our online sources.

KEEPING COVID-19 OUT OF FLINT
ARE YOU WEARING YOUR MASK RIGHT?

Proper mask wearing starts with making sure it fits correctly. Tight to your face with the bottom wrapped around your chin and the top on the bridge of your nose.

If you pull your mask down, if it is not tight to your face, or hanging to the side then it is not working correctly. To prevent your germs from being passed to others a proper mask that fits tight and is worn correctly.

WHAT IS COVID-19?

Some important facts you should know!

- COVID-19 is a disease caused by a virus effecting the lungs
- It can spread from person-to-person contact
- There is no vaccine for COVID-19 at this time
- Pets are not at risk for COVID-19
- Some people can have no symptoms at all: keep good social distance!

PREVENT THE SPREAD OF COVID-19 IN 5 EASY STEPS

01. Wash your hands frequently
02. Avoid touching your eyes, nose, and mouth
03. Stay home if you feel ill
04. Practice good social distancing
05. Cough? Fever? Trouble breathing? Call your doctor

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STAY HOME IF YOU FEEL ILL

PRACTICE GOOD SOCIAL DISTANCING

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